Related Topics and Models

- Information, memory and quantum speedup (1)
- Protophysics spacetime and quantum models (1)
- Metaphysics abilities and research (1)
- Law of Attraction, inclusion based and vortex (2)
- Meditation, Spiritual Experiences and Channels (2)
- Thoughts, attention, consciousness and qualia (3)
- Emotions and feelings (3)
- Brains, neurons, heart intelligence and NLP (3)
- Breathing and breathwork (3)
- Chakras, Chi and Subtle energy (3)
- Clearing, grounding, balancing and alignment (3)
Meta Models Transcend Levels

Awareness

Thoughts

Feelings

Behaviors

Psychology

Neurology

Biology

Chemistry

Classical

Quantum

Consciousness

No-thing

Explains or creates

“Soft”

“Hard”

No thing

Explains or creates
Models of Thoughts

1. Classical: Thought as brain states/computation
   - Thoughts as nerve firing (leading to motion)
   - Thoughts as nerve frequency
   - Thought as brain connections/resonance
   - Combinations of above

2. Quantum: Thoughts as quantum states
   - Thoughts as microtubules coherency/collapse
   - Thoughts as quantum tunneling at synapse
   - Thoughts as high dimensional vibrations
   - Combinations of all above

3. Spirit: Thoughts separate from body/brain
   - Thoughts are pure vibrational energy (quantum things)
   - Thoughts as source energy outside spacetime
   - No thought and Void
   - Combinations of all above
Thought and Attention

- Energy flows where attention goes
- Attention includes light dimensions of object
- Thought in mind is amplified by emotion in body
- Law of Attraction works on these principles
- Aka chords persist after emotional attention
- Emotional events persist in the body till cleared
- Energetically sensitive people avoid crowds
- Remote staring experiments
Remote Thoughts/Attention

• Twins Studies
• Lucid and shared Dreams
• Remote Staring
• Remove Viewing
• Orbs as consciousness
• Out of Body Experiences (astral travel) & NDE
• Remote Healing and Distance Reiki II
• Bilocation and teleportation
• Telepathy/Attention Experiment
Thought Development

• Thought Control
  – Observe & remember (stay awake)
  – Let thoughts pass by/through
  – Rate will slow over time

• Thought Discipline
  – Maintain one thought for longer periods of time
  – Don’t let other thoughts intrude
  – Extend time for one thought

• Thought Mastery
  – No thought – the Void
  – Extend time for no thought

From “Initiation into Hermetics” by Franz Bardon
Beliefs are Persistent Thoughts

- Beliefs are stable thoughts (think over & over)
- Most beliefs are formed before 7 years old
- Most beliefs are unconscious
- Your language reveals your beliefs
- Beliefs have an encoding in your brain/mind
- You can change your beliefs and thoughts
- Emotional events imprint thoughts/beliefs
  - Examples are phobias, multiple personality, combat
Models of Emotions

Classical: Emotion as body/brain

- Emotions as chemicals, drugs, hormones, glands
- Emotions as nervous system (autonomic, evoked response)
- Emotions as flight or fight response (biofeedback, homeostasis)
- Emotions starting from thoughts (fear, sex, love, dreams)
- Combinations of above

Quantum: Emotion as shared response

- Emotions as crowd response and global consciousness affect
- Emotions as shared emotional bonds (lovers, animals)
- Emotions affected by treatments: anchors, clearing, & grounding
- Emotions as non-local, precognitive, clairvoyance, NDE & 10k pictures
- Combinations of all above

Spirit: Emotion as non-physical energy

- Emotions due to meditation, emotional, astral & mental bodies
- Emotions due to alignment, Reiki, EFT, healing, prayer & chakras
- Combinations of all above
Emotional Memory Loops

• Emotions affects Memory
  – Biases your neurochemistry affecting memory
  – Easy to remember ‘like’ memories since are ‘near’

• Memory affects Thoughts/decisions
  – Hard to remember other emotional memories
  – Make bad decisions due to memory barricades

• Thoughts affects Emotions
  – Closed loop feeds back into emotional rut
  – Break negative emotional loops by choosing ‘relief’
Models of Memory

Memory vs. Communication
• Communication moves information thru space
• Memory moves of information thru time

People exhibit non-ordinary spacetime
• Based on thought representation model
• People ‘remember’ things in past/future
• People ‘remember’ things from afar

Akashic Records
• Representation of all information thru time
Emotions vs. Feelings

Feelings are internal awareness of emotional state
- More psychological in the mind (mental body)
- Feelings are used for communication (intuition)
- Feeling is the language of the soul
- Most magnificent feeling available is Love
- If you want to know your truth about something,
  • quiet your mind and look at how you’re feeling about it

Emotions are created by your thoughts
- More physical in the now body (emotional body)
- Emotion is the power which amplifies/attracts thoughts
- Emotions are used for creation (manifestation)
- The essence/power behind the Law of Attraction
- E-motion is energy in motion.
- You can choose your Emotions
- You’ll then have thoughts based upon feelings
  • which produce emotions such as happiness etc
Feeling Good vs. Feeling Bad

“Light” with less mass & time (Light Like or space like & not causal)

Dense vs. light emotions

- Stuck energy is dense & not moving
- Dense emotions pinch off energy
- Light emotions let energy flow

Align emotional body with higher self

- Grounding & clearing emotional body
- Love & joy feels good, fear feels bad

Goal is to ‘enlighten’ yourself

- Relief is choosing ‘lighter’ emotions

“Dense” with more mass & time (time like & causal)
Emotional and Mental Bodies

“Light” with less mass & time

- Spiritual/Celestial Body
- Astral Body (soul)
- Mental Body
- Emotional Body
- Etheric Body
- Physical Body

“Dense” with more mass & time
Thoughts and Subtle Energy

Thoughts and Subtle energy are the same

- Both high dimensional source strands
- Inclusion based vibrational clusters
- Intelligent and ubiquitous
- Thought directs subtle energy
- Subtle energies have a feeling
- Thought clusters are called rotes
- Chi, Ki, Prana, Mana, chakras, Anu, Kundalini
Clearing, Grounding & Alignment

- Grounding, clearing & balancing (EFT, QCS)
- Meditation and Gridding
- Massage, walking and exercise
- Breathing and Breathwork
- Anchoring and timeline (NLP)
- Reframing and energy reframe
- Get in the vortex and alignment
- Rampage of Appreciation
- Energy work & energy combing
- Chakras and Heart Intelligence
- Acupuncture & Reiki
Awakening and Enlightenment

• Spiritual Beings of ‘Light’
  – No dense/stuck emotional energy
  – Observation without judgment
  – Deprogram emotional buttons & triggers

• Vortex of positive emotional all the time
  – Better decisions using positive memories
  – More joyful, intuitive and spontaneous
  – Become more sensitive as cleared
  – Emotion amplifies focused thoughts

• Heaven on Earth
  – Awakened supermind to include all of higher self
  – Spiritual being living joyfully on physical earth
Questions and Discussion

Possible Discussion Topics:
• Pinwheel Meditation
• Thought forms & rotes
• Emotional Ladder
• Anchoring
• Subtle Energy techniques
• Clearing & grounding
• Infinite Intelligence
Science of Spiritual Beings Series

1. **Oct 24**: Introduction to Science of Spiritual Beings

2. **Oct 31**: Science of Law of Attraction

3. **Nov 7**: Science of Thoughts, Beliefs, Emotions and Subtle Energy

4. **Nov 14**: Science of Daily Living as Spiritual Beings both now and in the future